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WHAT IS CLAIMED IS:

1. A compound of the formula R1-R2-R3, wherein:

R1 comprises a moiety that binds to the hemoglobin binding site on cytochrome b₅ and competitively inhibits hemoglobin binding to cytochrome b₅;

R3 comprises a moiety that binds to cytochrome b_5 at a site distinct from the site at which R1 binds to cytochrome b_5 ;

R2 comprises a moiety that links R1 and R3.

- 2. The compound of claim 1, wherein R1 is a linear polyamine.
- 3. The compound of claim 1, wherein R1 is a cyclic polyamine.
- 4. The compound of claim 1, wherein R1 is a hexacyclen.
- 5. The compound of claim 1, wherein R1 is a moiety that binds to cytochrome b₅ at one or more amino acids selected from the group consisting of H26, E43, E44, E48, A54, D60, H80 and A88.
- 6. The compound of claim 1, wherein R3 is a moiety that binds to the ATP binding site on cytochrome b₅.
 - 7. The compound of claim 1, wherein R3 is ATP or an ATP analog.
 - 8. The compound of claim 1, wherein R3 is β -nicotinamide adenine dinucleotide.
- 9. The compound of claim 1, wherein R3 is ATP; 1,N6-ethenoadenosine 5' triphosphate; β-nicotinamide adenine dinucleotide; 1,N6-ethenoadenosine hydrochloride; nicotinamide-1,6-ethenoadenosine; or coenzyme A.

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10. The compound of claim 1, wherein R3 is a moiety that binds to cytochrome b₅ at one or more amino acids selected from the group consisting of I24, L25, H26 and H27.

- 11. The compound of claim 1, wherein R1 is hexacyclen and R3 is β -nicotinamide adenine dinucleotide.
 - 12. The compound of claim 1, wherein R2 is a flexible linker.
- 13. The compound of claim 1, wherein R2 is a moiety that covalently crosslinks R1 and R3.
 - 14. The compound of claim 1, wherein R2 is a polyglycine moiety.
- 15. The compound of claim 1, wherein R2 is a polyglycine moiety containing between 1 and 3 glycines.
- 16. The compound of claim 1, wherein R2 is polyethylene glycol (PEG); polystyrene-PEG; [2-(2-aminoethoxy)ethoxy] acetic acid; allyloxycarbonyl- [2-(2-aminoethoxy)ethoxy] acetic acid; fluorenyl-methoxycarbonyl-[2-(2-aminoethoxy)ethoxy] acetic acid; ter-butyloxycarbonyl-[2-(2-aminoethoxy)ethoxy] acetic acid; benzyloxycarbonyl-[2-(2-aminoethoxy)ethoxy] acetic acid; or BMPS (N-(β-maleimido-propyloxy)succinimide).
- 17. The compound of claim 1, wherein R2 is a straight chain or branched chain hydrocarbon.
- 18. The compound of claim 1, wherein said compound binds to cytochrome b_5 and inhibits the activity of cytochrome b_5 in the reduction of methemoglobin to hemoglobin.

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19. A pharmaceutical composition comprising the compound of claim 1 or a pharmaceutically acceptable salt thereof.

- 20. A method of reducing the incidence of red blood cell sickling in a patient with sickle cell disease, comprising administering an effective amount of the compound of claim 1 to the patient.
- 21. A method of raising the level of methemoglobin in blood, comprising adding an effective amount of the compound of claim 1 to the blood.
 - 22. The method of claim 21, wherein the compound is added to the blood ex vivo.
- 23. A method of raising the level of methemoglobin in the blood of a patient, comprising administering an effective amount of the compound of claim 1 to the patient.